



How to Mulch a Garden Bed

Mulch could almost be considered a pre-requisite addition to any garden or yard.

Why use mulch?

Organic and inorganic mulch both help to moderate soil temperature and weather damage, prevent weed growth and retain soil moisture.

Mulch also enhances a garden or flowerbed by contributing a unique aesthetic flare.

Mulching your garden is cheap and easy to do, but it helps to understand the different types of mulch available, as well as how much mulch to use and when to apply it.

What Type of Mulch to Use

- Typically, organic mulches are better than inorganic ones for flowerbeds. Organic mulches are composed of wood products such as bark and branches and other plant material.
- Organic mulches enrich the soil as they decompose and provide a welcoming habitat for earthworms and beneficial microorganisms.
- While organic mulch may be the best option for a flower garden, inorganic mulches, like natural rock or decorative pebble, have benefits as well. Specifically, inorganic mulches will not decompose and therefore you will enjoy a longer lifespan without replacement.

How Much Mulch to Use in Your Garden Bed

- In a flower bed or another area of your garden, mulch should typically be between 75mm to 100mm thick.
- A layer of mulch that is too thin may not adequately protect your soil from weather damage and weeds, while a layer that is too thick may retain too much moisture.